

Isikhathi esincani emtholapilo.

Isikhathi esinengi sokuphila.

Buza umhlengi namkha udorhoda wakho mayelana nokunikelwa iinhlahla zeenyanga ezisi-6 okubizwa nge-6MMD. Landa ama-ARV weenyanga ezisi-6 kuhlolozombebele lakho.



Ukuvakatjhela emtholapilo ka-2 kwaphela ngomnyaka



Akutlhogeki ukulandwa kweenhlahla ngokubuyelela



Konga isikhathi sokukhamba



Konga isikhathi



Sikena ikhowudi ukufunda kabanzi



IsiNdebele



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Isibekiselwano sakho esilandelako

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